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Billie eilish songs youtube playlist

The numbers are inside. Spotify analyzed more than 11 million training playlists available through the program to see which ones are the most popular. 'Till I Collapse of Eminem ranks first, while Meghan Trainor's All About That Bass ranks second. To make sure your workout music is, well, working for you, Spotify has also partnered with Insanity founder Shaun T to select playlists based on your fitness trend predictions for this year. To create these playlists, Dr. Costas Karageorghis, an expert in music, exercise and sports psychology at Brunel University in London, used a specific formula that takes into account beats per minute, rhythmic construction, melody, harmony and lyrics. The goal: to create a fitness soundtrack for each of Shaun T's trend predictions (Tabata, Cardio Dance, Gymnastic Strength Training, CrossFit and—you guessed it—Madness), which helps you enjoy your workout while also subconsciously motivating your body to push a little harder. A variety of musical factors such as lyrical content, tempo or rhythmic sensation can affect our physical responses, making certain songs more suitable as accompaniment to physical exercise, explained in a press release. Here are some of the optimized playlists:Insanity: Dr. Karageorghis explains that the music is structured to maintain its heart rate with an average tempo of 140 bpm. This playlist would also be ideal for any kind of high intensity bootcamp. Tabata: You need music with a fast tempo to match the 20-second push/10-second recovery pattern of training. The recommended average tempo is 118 bpm, and Dr. Karageorghis selected tracks with powerful lyrical claims like 'I never want to give up' and 'I'm stronger than I've ever been before'. Cardio Dance: For these workouts you want a playlist that has a strong and steady rhythm that explains, along with an average tempo of 111 bpm. An easily removable meter (or rhythmic pulse) facilitates the central goal of expressing music through movement. RELATED: Image credit: Getty Bad Guy singer Billie Eilish revealed Tuesday that she will sing the theme song for the upcoming James Bond film No Time to Die, written in part by Fleabag star Phoebe Waller-Bridge. After sharing images of notorious Bond girls, including Bérénice Marlohe of 2012 Skyfall and Halle Berry from the 2002 film Die Another Day, to her Instagram story Monday night, Eilish broke the news to fans Tuesday with a post. I AM SINGING THE THEME SONG, wrote Eilish in the legend, along with a series of impacted face emojis. Eilish 18 years in December, and will be the youngest artist to create a song for the legendary spy movies. He wrote the song with his older brother and producer, Finneas O'Connell. Other artists who have written songs for the franchise include Adele, for 2012 Skyfall, Sam Smith, for the 2015 film Spectre, Madonna, for Die Another Day 2002, and Paul McCartney, who wrote Live and Let Die for the Bond film of the same name. The Grammy-nominated singer called her new concert so unreal in her Instagram stories, and told the BBC: It feels crazy to be a part of it in every way. The opinions expressed by the Entrepreneur's collaborators are their own. If you're creating a YouTube channel, you don't just want viewers to come and watch a video and then leave your Page: you want them to stay with you and see all the great content you've created. A great way to do this is with a playlist, where the next video plays automatically. However, it's important to make sure your playlists make sense. Don't just mix all your videos without any organization. Instead, think of each video as a chapter in a book. Make it easier for the viewer to transition from one video to another and think about which videos complement each other. In this video, Salma Jafri, an Entrepreneur Network partner, gives tips on how to create a smoother and more satisfying viewing experience by creating great playlists that your audience really wants. Watch the video to learn more. Watch more Salma Jafri YouTube videos on your channel. Related: Why 90 percent of high-performance YouTube videos have one thing on the CommonEntrepreneur Network is a premium video network that provides entertainment, education, and inspiration from successful entrepreneurs and thought leaders. We provide expertise and opportunities to accelerate brand growth and effectively monetize distributed video and audio content across all digital platforms for the business genre.EN is associated with hundreds of major YouTube channels in the business vertical and provides partners with Entrepreneur.com distribution as well as our Amazon Fire applications , Roku and Apple TV. TV.